

# KITCHEN CONVERSION CHART

## LIQUID MEASURES

| F L U I D<br>O Z | C U P | P I N T | Q U A R T | G A L L O N |
|------------------|-------|---------|-----------|-------------|
| 8                | 1     | 1 / 2   | 1 / 4     | 1 / 16      |
| 16               | 2     | 1       | 1 / 2     | 1 / 8       |
| 32               | 4     | 2       | 1         | 1 / 4       |
| 64               | 8     | 4       | 2         | 1 / 2       |
| 128              | 16    | 8       | 4         | 1           |

## DRY MEASURES

| G R A M | T S P | T B S P | C U P  |
|---------|-------|---------|--------|
| 14      | 3     | 1       | 1 / 16 |
| 29      | 6     | 2       | 1 / 8  |
| 57      | 12    | 4       | 1 / 4  |
| 114     | 24    | 8       | 1 / 2  |
| 171     | 36    | 12      | 3 / 4  |
| 229     | 48    | 16      | 1      |

## OVEN TEMPERATURES

|    |     |     |     |     |     |
|----|-----|-----|-----|-----|-----|
| °C | 120 | 160 | 180 | 205 | 220 |
| °F | 250 | 320 | 350 | 400 | 425 |